

What can we do about
SO MANY PEOPLE slipping
through the cracks of the
HEALTH INSURANCE system?

"Fill the GAPS."
—Sandy, Director,
Patient Access Programs



"SOMETIMES when people need their medicines most, they can't pay for them. To people who are eligible, we give GSK medicines for practically free. We believe it isn't enough to make medicines if people can't afford to take them."

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gsk GlaxoSmithKline
Finding a way forward.

effort to raise money to send his adopted daughter to a clinic for treatment for a rare blood disease.

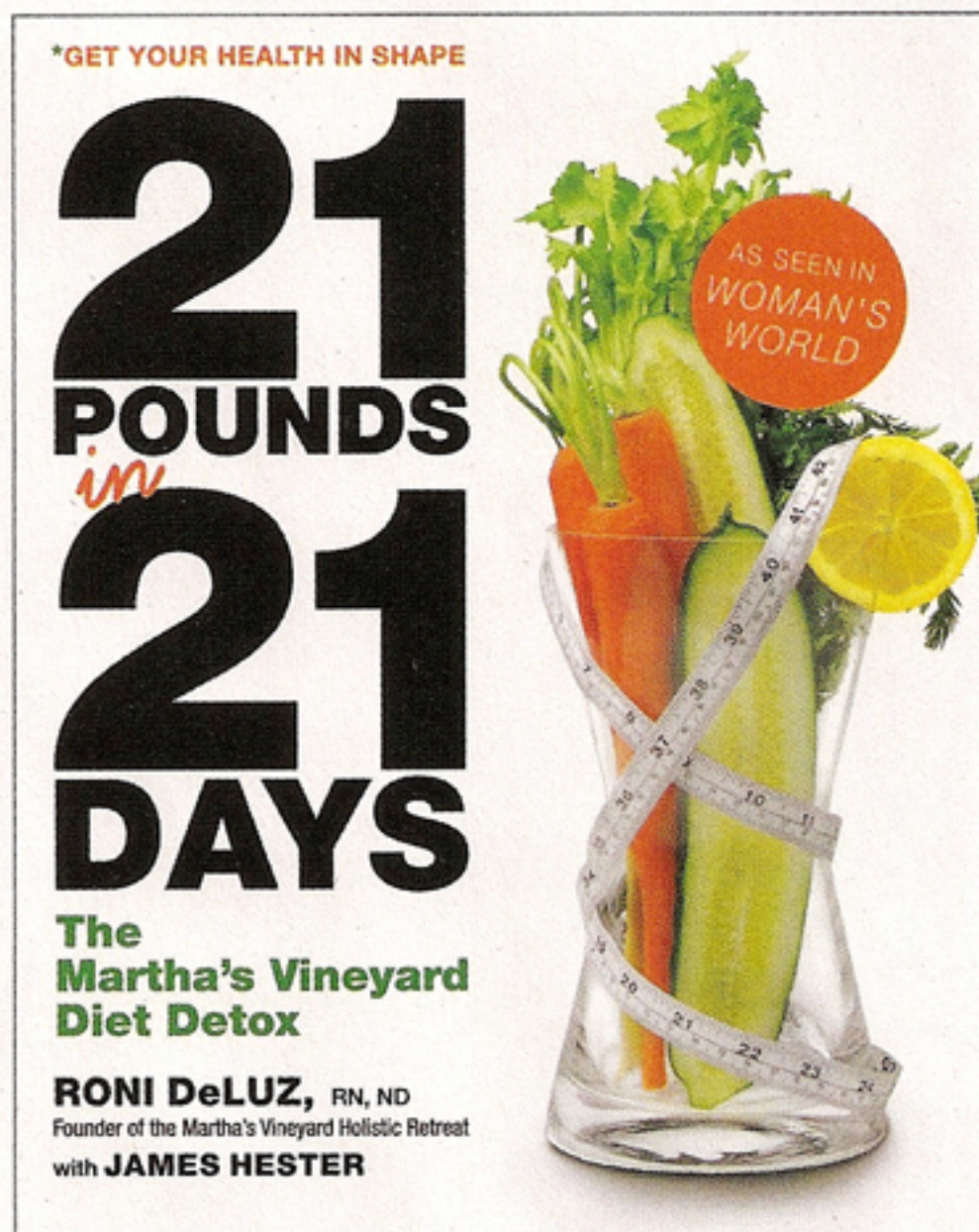
While Mosley says he will miss Rawlins for a while, he has plenty to keep him busy. "I have Fearless Jones, some short stories and *The Tempest Tales*, [a yearlong serial of a new series, in homage to Langston Hughes' *The Simple Stories*.] I have a lot of things going."

As for Rawlins, he says, "Easy is off being Easy."

TOPSHELF

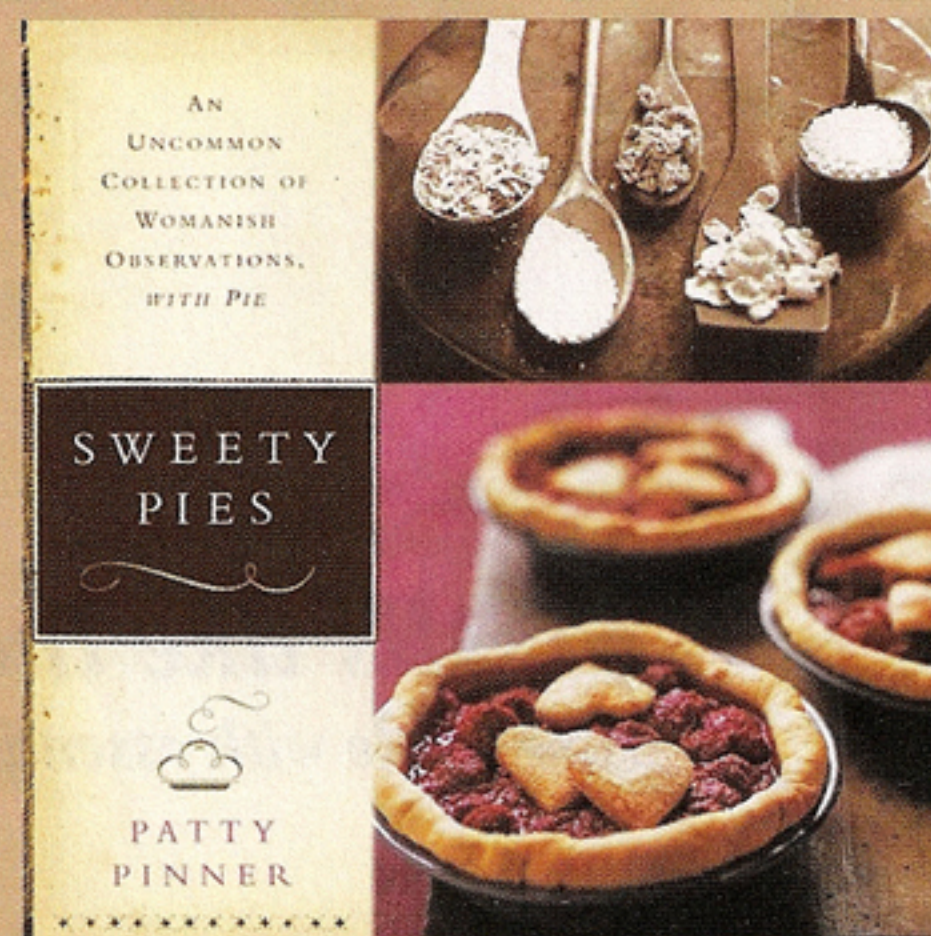
Detox diets may be all the rage for the quickest way to drop unwanted pounds, improve energy and balance wellness, but they are also the best way to rid the body of toxins. Dr. Roni DeLuz, a board-certified naturopathic doctor, registered nurse and the owner of the Martha's Vineyard Holistic Retreat at the renowned Martha's Vineyard Inn, is at the forefront of the holistic cleansing approach to health and weight loss. Now, she has written a book, **21 POUNDS IN 21 DAYS: THE MARTHA'S VINEYARD DIET DETOX** (Collins, \$24.95), written with James Hester and Hilary Beard, that has soared to the Top 10 of the best-seller lists, including The New York Times.

"The Martha's Vineyard Diet Detox is not a traditional weight-loss program," DeLuz writes in the introduction. "You will definitely lose weight, but unlike when you diet, you won't feel hungry, experience cravings, or later experience the yo-yo effect of dropping 10 pounds and then gaining back 15. You won't have to count calories, points, indices or rankings, or do anything else that requires math. There are no bland or repetitive foods, like grapefruit, grapefruit, grapefruit. You won't spend a lot of money. And I promise not to make you squeeze into any spandex."



COOK'S CORNER

Patty Pinner, author of the critically acclaimed **SWEETS: A COLLECTION OF SOUL FOOD DESSERTS AND MEMORIES**, returns with **SWEET PIES: AN UNCOMMON COLLECTION OF WOMANISH OBSERVATIONS, WITH PIE** (Taunton Press, \$23). Interwoven between delectable recipes, such as handmade apple pie, apricot jam tart and lemon chess pie, are tales about family, friends and community that leave you full of sentimentality and send you on a mad dash to the kitchen to bake some pie.





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The Little Rock Nine

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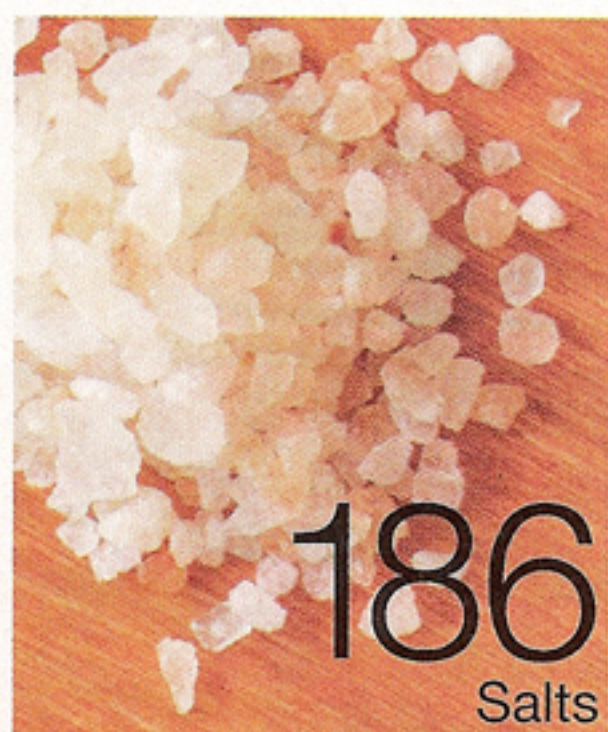
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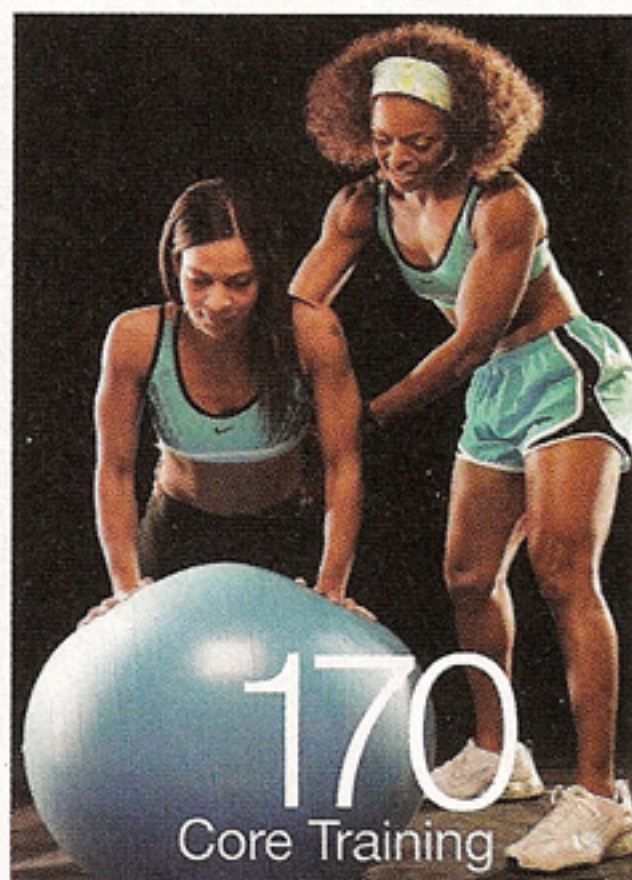


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